**Cell:** (740) 248-4296

Email: bcrimwfu@gmail.com bcrimbh@gmail.com

**Objective:** A contract position to develop professionally in a virtual setting. Combines client/person centered, cognitive behavioral therapy, dialectical behavior therapy theoretical orientations in treating clients. Exhibits mindful awareness, unconditional positive regard, an empathic therapeutic relationship with the client, and collaborates in identifying what changes a client can make to minimize emotional and behavioral problems. Although my counseling interest has been primarily focused on perinatal mental health, I have equal interest in working with adults struggling with anxiety, depression, career, self-worth, relationship, and mental and emotional disorder issues. I currently hold a Licensed Professional Clinical Counselor (LPCC) license in the state of Ohio.

### **Experience**

# **Licensed Professional Clinical Counselor (Self-Employed),** December 2021– Present, Chillicothe, OH

• Licensed Professional Clinical Counselor (LPCC)

Outpatient Counseling, diagnostic assessment as a private entity/contractor with BetterHelp Counseling.

## **Hope & Wellness Counseling & Consultation, LLC**, April 2020 – February 2022, Circleville, OH

- Licensed Professional Clinical Counselor (LPCC)

  License upgraded November 2021
- Licensed Professional Counselor (LPC) April 2020 November 2021

Outpatient Counseling, diagnostic assessment, and consultation in a Christian private practice.

#### Scioto Paint Valley Mental Health Center, October 2017- April 2020, Circleville, OH

• Licensed Professional Counselor (LPC)/Chemical Dependency Counselor Assistant (CDCA) – December 2019- April 2020

Outpatient Counseling, diagnostic assessment, group therapy, case management, and chemical dependency counseling in the community mental health setting, under supervision of Licensed counselors.

• Counseling Intern/Counselor Trainee – January 2018 to December 2018

Standard training in developing counseling skills under supervision. Experience in individual and group counseling, children/adolescents and adults, diagnostic assessment, familiarity with case conceptualization and planning.

• Volunteer – October 2017 - January 2018

Administrative duties including filing, making copies, organization, cleaning, assisting staff

#### Advantage Health and Rehabilitation Center, September 2016 - August 2017, Circleville, OH

• Rehabilitation (chiropractic) Therapist

Clinical outpatient rehabilitation of orthopedic diagnoses, treatment planning, progress notes, patient outreach, experience in coordinating with Ohio Bureau of Worker's Compensation, Social Security Administration, and other agencies.

#### Education

Wake Forest University – Winston Salem, NC, 2019

- Master of Arts in Clinical Mental Health Counseling
  - o Chi Sigma Iota International Honor Society Inductee, 2017

Ohio University – Athens, Ohio, 2016

- Bachelor of Arts Psychology
  - o Dean's List Honors

#### License

LPCC, E.2102645